**PE Cycle B – 2019-2020**

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| --- | --- | --- | --- | --- | --- | --- |
|    | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Willow** | **PE** | Gymnastic Basics – Travelling & balancing | Dance | Ball Skills | Throwing & Catching | Games | Swimming |
| **Real PE** | Personal F | Social F | Cognitive F | Creative F | Physical F | Health & Fitness F |
| **Birch** | **PE** | Throwing & Catching | Gymnastics | Dance | Games | Athletics | Swimming |
| **Real PE** | Personal 1 | Social 2 | Cognitive 1 | Creative 2 | Physical 1 | Health & Fitness 2 |
| **Sycamore** | **PE** **(Absolute Sport)** | Football | Tag Rugby | Gymnastics | Tri Golf | Athletics | Health & Fitness 4 |
| **Real PE** | Personal 3 | Social 4 | Cognitive 3 | Creative 4 | Physical 3 | Swimming |
| **Oak** | **PE****(Absolute Sport)** | Dodgeball | Football | Ultimate Frisbee | Gymnastics | Tennis | Orienteering |
| **Real PE** | Cognitive 5/6 | Dance | Social 5/6 | Health & Fitness 5/6  | Cricket | Swimming |

**Cycle A – 2020-2021**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|    | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Willow** | **PE**  | Intro to PE, safety | Multi-skills | Bat & Ball skills | Football | Athletics Skills & Games | Swimming |
| **Real PE** | Gymnastics 1 | Movement & Dance | Gymnastics 2 | Dance | Sports Day Prep | Swimming |
| **Birch** | **PE**  | Gymnastics | Hockey | Invasion Games | Net & Wall Games | Tennis | Tri Golf  |
| **Real PE** | Personal 2 | Social 1 | Cognitive 2 | Creative 1 | Physical 2 | Health & Fitness 1 |
| **Sycamore** | **PE** **(Absolute Sport)** | Gymnastics | Hockey | Invasion Games 2 | Fitness / Circuits | Tri Golf | Health & Fitness 3 |
| **Real PE** | Personal 4 | Social 3 | Cognitive 4 | Creative 3  | Physical 4 | Swimming |
| **Oak** | **PE** **(Absolute Sport)** | Gymnastics | Hockey | Football | Game Development | Athletics  | Cricket |
| **Real PE** | OAA | Creative 5/6 | Health & Fitness 5/6 | Speed Stacks | Personal 5/6 | Swimming |